## Mind matter(s)

The problematic relation between mind and the process of entropy

#### Introduction

One of the questions of human life correspondents with the words of the oracle of Delphi. It says 'know thyself'. 'Do you know thyself'? And this question says something about us. We are wandering, erring souls, aren't we?

What is the reason of erring and wandering? Why do we linger about straight paths of life?

In this article an important law of physics is ontological applied on the mind and a relation is discussed about the idealistic mind and matter. It handles about deep emotional questions of the problems of loss in life and delivers insight in our problematic relation with matter. Please take in consideration that reading the article might influence the way you judge life. A philosophical background makes the article easier to read but is in my opinion not necessary to understand the concepts. The article is meant to discuss the human condition in a philosophical background and has no link with scientific research or classification. It refers to general laws in science and philosophical currents.

In religious and philosophical currents we distinguish in short two paths: material and spiritual. The mind is the form in which these paths become meaningful. Mind matters. This paper explains why the physical and the spiritual paths in human condition conflict. Why do we seek for harmony in life, and if we grasp a moment, it will slip through our fingers? And so the central question is, what is the mind and what drives the mind? Mind matters: it is our core and activates a path. And this path, is also incorporated in the title, apparently focuses on matter. The mind is attracted by matter. In section one we will discuss the state of our mind, which could be described as a state of delusion.

We seek for happiness. Therefore I assume the human soul is not so bad or evil as sometimes is suggested. Circumstances will pressurize him and tear him apart, like matter itself. It is like light, captured by matter, energizing this, collapsing, grounding. Instead of endless, unbreakable, everlasting quality of light, the conditions become material enchanted. Light falls and is captured (in matter). In the second section, we will mention the process of entropy, a process of increasing disorder. I state our mind cannot stand the collapse of a ruling order. There will be an everlasting conflict between the mind and the illusion we are able to bridge the gap between mind and matter, because of the process of entropy.

A flower is a magnificent example of this manifestation. It is a symbol of a short flourishing blooming, energized matter. In short, it is like human life, appealing to our imagination. This pattern indicates a circle of life. And we hold on to this idea. But what for heaven sake, is our discomfort? We know there is a risk of extinction, which could breach the so called circle of life. A moment and end of a process, which we are afraid of, because we might not be able to turn it back. The initiation of wandering is related to the problem nothing will return to its original state or concept, so what's the original state of the human mind and being. Everything changes, sometimes slow, sometimes fast. I think there is one unique key to distress. One of the great sensations we endure is the irreversibility of everything. Plato mentioned our mind leans on fixed forms, anchored in our memory. Ideas are

divine origins of the soul. What are the marks in life to subscribe this concept? Our mind is focused on the restoration of the order. By doing this we activate and energize matter, to turn things to a for our mind happy state of being. I think we wake the dragon by doing this, we activate chaos in the end. (Section three).

An intuitive knowledge beyond moments in life tells us the other side of the continuum, let's imagine the state of matter, responds to a process of fall. All religions warn us for the downfall and suffering. A problem is, what is the alternative? Because if we do not focus on processing matter, building kingdoms, where do we have to focus on? If we focus on matter and things only, it will not contribute to happiness because of the conflict between mind and matter. The suggestion and attraction of matter is embedded in enchantment of our captured soul, like light is captured in matter and divided from its mainstream. In analogy, we search for connection and so trust and believe are so basic and powerful to our mind and life. And because of these concepts, we depend on other connectivity, its seems our captured soul is a stranger on its own. (Section four).

## 1.Mental delusion

Great philosophers and gurus tell us about the absorbing power of things we see around us in relation to our mental focus. Our mind is enchanted, and we behave therefore under circumstances, caught in a deadly embrace. We strive for harmony and avoid conditions of suffering. This behaviour causes inflation of the mental condition. I will indicate several patterns of behaviour.

- Making money or status, is a way to deceive the deep understanding of the meaning of life, to stretch the irreversible moment of the downfall. We search beautiful things, perfect moments.
   We search for the flourishing flowers in life. This gives us an exciting tension. And man adores this theatre, the game we play with our mind, to deceive, to cheat. (the addict)
- Trying to defeat the irreversible, the will to reverse things in time and change and control space time events. (the control freak)
- To rule over the environment and try to survive events the hard way by subduing concurrent life.
  (the tyrant)

In relation to matter, behaviour will give negative connotations. Time will solve all these problems, life will give in in the end. At this point, the mind is lost in time-space and matter. The mind is therefore a special quality, because otherwise, we wouldn't care (if the mind and matter are one of a kind). The mind is not ontological congruent with matter. Kant spoke of a gap between the things on its own and the categorization of reason. We see things, but always in terms of reason on a distance, influenced by the framework of our mental condition. We cannot 'know' things for real. Our reality is mystified by the way we look at things, we can't catch. This magical mystification leads to a fascination and enchantment.

This correspondents on a certain way with the wisdom of the Indian philosophy, which states things are 'Maya', illusions.

Because of enchantment, our mental state is not tuned on the mental state, so we struggle with this relation. And, as we stated earlier, the price of earthly foundation is in delay a mental confrontation. We hold on to an imaginary order (liberté, equalité, fraternité par example) in order to avoid and resist the decay. The mind is idealistic. The process of material organisation and its process leads to pressure on imagines of the mind, affecting the mind, without aiming for enclosing and captivating the mind. Progress is relative, man is not capable of judging the consequences of his actions. We

mention the development of playing with atoms (risk of melt down, nukes) and the problems with environment (greenhouse effect). So it gives us the impression and feeling of comfort, but we will at last meet the dragon. It seems God exhaled and threw man in an outer ring in a process of discontinuity and disorder, which does not correspondent with the state of mind.

## 2.Entropy

Ontologically, everything seems to have its own goal, energized forms, capturing light to its end of material downfall. Nothing in nature gives us the idea it serves a universal communal plan. Matter is gathered and falls apart. But there is one basic line. Pain, beautiful moments will never give ultimate delay to an irreversible process. So it is for us important to influence this process. In theory we find one law: entropy. The theory is derived from physical science, ontological applied on my own accountability.

The process of entropy might be compared with a basket of marbles. Small marbles will find their way to the bottom, earlier than bigger marbles, especially when the basket is shaken. If we are compared to these marbles, we are constantly aware of our condition, repressing surrounding. In short, about entropy. The process of entropy is a far more sophisticated thermodynamic theory. The theory is important because it predicts irreversibility in space time. It is possible the process does not change much (in a certain time interval), but on contrary, a massive change is possible too.

And so, nature is predictable, in general. In fact, it might be applied on the universe, in time space dimensions.

Why is this interesting? Because the theory of entropy influences the way we focus mentally. Above, we have mentioned man wants to avoid certain changing conditions, because they could lead to suffering. And man's behaviour is much more influenced by suffering than peak emotions, learns psychology. The mind is more busy with matter than mind.

Man is in relation to this process, excited and triggered, because of his state of mind. I mentioned the idea of harmony which contradicts the situation of decay of matter and irreversibility. Physical, we have as consequence the ambition to stretch a lifetime. But, for sure, we know deep in our hart and by physical theory of entropy, the rolling stones which will push us to the bottom of the box in time space configurations, and will find and hit us. A main target is to resist the process and stop decay, in a certain space and time. And then, after a bubble in space-time, the ball will roll faster than ever, in a the irreversible process, alas. The physical law is clear about this.

# 3.Empowerment of chaos, waking the dragon

The quality to explain natures end, must something have to do with our mathematical intellect. Obviously man has the capability to decipher the universe, which is on large scale subjected to the process of entropy. And the intellect brings us to the question how to spare mental weakness, focusing on his body. So we study the way the balls will roll and might be redirected, like the marbles in the basket. Man focusses on light, because light energizes and so moves things.

Light does energize things. I refer to the famous equation of Einstein, energy equals mass times constant factor square. If we are able to control light, we control mass and marbles, so life, aren't we?

This light, the e = m c square – light, is a carrier of light, a foton. And this photon, we adore for it brings growth and prosperity, is a gamechanger. Because through light, things are activated, changing course. If light touches matter, it is energized. And this energy is the start of a chain of reactions. And this chain of reactions is related to the process of entropy, because everything is subjected to this law.

So if we absorb light, we activate this process of mental and physical reactions. In this way, the question is if mind is captured by matter. We have to reflect our situation and therefore our condition in the relation between mind and matter. This is not easy and does appeal on mental qualities beyond normal mix of mind-matter issues. What is the original quality of the mind, the essential core, beyond existence? I think the old philosophical and religious studies which confirm the value of emptiness, are still important to study. And not in a way to confirm our habit and new rituals, but to reflect upon our way of living. Because, and this is disappointing but inevitable, we swallow and absorb light with a hungry mental focus, to activate the world and more, and wake the dragon in matter, to empower the process of entropy, leaving order, creating chaos, instead of controlling or ruling over it. So, indeed, cought.

How more we play with light elements, the more we will play with fire. We energize mass, and engage the process of entropy. I mentioned the atom game and warming up of the atmosphere.

If man activates and empowers entropy, he might think he creates order. But this is, if you accept what is written above, a Pyrrhus victory. Because this is not more than a bubble in time and space. Remarkable, our mental condition is disturbing the natural order. If we stick to this concept, our mental condition will lead to dissatisfaction. We will be disappointed, because chaos will overflow the aimed condition of harmony, in the end. So the way we think is not appropriate and an illusion indeed. And if the bubble is broken, there will be a mental flood of confusion. We will drift towards a mental beach, drifted towards an outer circle of mental order. The soul is not capable of holding the breach, for it is imagining an order which is based on illusionary thoughts if projected to the world. And so the drowning and drifting soul washes ashore the next point the dragon will come to.

And therefore we have to withstand the waking of the dragon. By reading the rolling balls, the process of entropy, we should be able to optimize life under the best conditions. Because only by reading signs, scientific abduction we have to conclude the bubble will burst one day or another. So we have to learn to fill our thoughts with energizing images of a world we build to arm our lives against the dragon of the rolling balls. We have to search for the empty places and spots, because the struggle will be lost and the punishment severe and a burden, like Atlas taking the world on his shoulders, alas.

#### 4. Request for asylum

This story is difficult and uneasy to accept. Our mental focus is directed towards matter. A process of remembrance is projected in a physical illusion. Wars, tyranny, addiction are consequences of and abducted from mental illusions of a better world. But entropy will not give in. So in mental terms, we look in an abyss, a world in which we follow imaginary shadows and images which are imprinted in mind. And from this emptiness, the only way to erect and contribute to our belief of mental order, is to focus on mind beyond matter. We have a natural resistance to change of order. Between the rolling stones, shines captured light, and lies enlightment of the mental order by tracing mental images. After all, the physical turns the mental condition towards the jaws of the dragon, causing mental abduction and illusion, throwing the soul deeper in the ball box, away from the source, God.

And for the mental order, we call paradise, we seek. There is no reason in a process of entropy to think man has a special role to fix a material order, but to adopt a more spiritual state of mind. Matter should not dominate life, the right state of mind should. We could resist our tendency to energize and focus on matter.

And if we mentally withstand the entropic process, the dragon might pass. Or, in other words, we let pass the dragon. And then, it may be possible, we are embraced in the condition of mental harmony, grounded in the inner circle, within the outer turned circle of light, considering virtues. But to make this happen, we have to transfer our state of being to a spiritual mode of being, without the possibility of denying the physical process of entropy. And so, we have to ask for a spiritual asylum, never knowing if revelation and initiation raise and elevate the soul to unprecedented height. The soul than is not directed in mathematical ambiguity applied towards things, instead it seeks in humility for religious and philosophical wisdom and abundance. We might have to wait until God breaths in?

So if we focus on matter only, we will be a part of the rolling ball, of the dragon living in the (in our judgment) entropic world. Instead we might tend towards a reality which we imagine, but hold on to, in the belief one day it will push away the dragon and surround us (again). In the meantime, we might focus on virtues and values of life. The suggestion and attraction of matter is embedded in enchantment of our captured soul, like light is captured in matter and divided from its mainstream. In analogy, we search for connection and so trust and believe are so basic and powerful to our mind and life. And because for this concepts, we depend on other connectivity, it seems our captured soul is a stranger on its own. Instead of running for matter, on an ontological level, we might and maybe should concentrate on values which are embedded in the mind, even before the downfall and enchantment and the capture of the soul, and so before the original existence, meant in an ontological way.